

Dear Executive:

There is a growing revolution around prevention, longevity, and proactive wellness—one that our current system either does not understand or deliberately avoids.

Yet, the science is clear: we now have cutting-edge tools to help prevent cancer, Type II diabetes, Alzheimer's, heart disease, and other major chronic conditions.

As a biochemist, I've spent over 20 years helping functional, integrative, and nutrition-focused healthcare practitioners succeed with their patients by introducing the latest technologies to them.

Now, at our **Changing Life & Destiny Executive Wellness Retreats**, we are inviting CEOs to join us in our movement to change the direction of healthcare to become more proactive and preventative.

Over the next two days, you'll explore and experience more than 25 cutting-edge health and wellness technologies currently being used by leading Functional Medicine practitioners.

In addition to the above, you will also discover how to address the two main drivers of disease, while learning about effective, natural alternatives to common over-the-counter medications.

*Most exciting, you can be tested for
Brain, Heart, Liver, Gut, DNA, Plastics, & Omega Levels*

Once your tests are complete, you'll receive a personalized action plan designed to address any imbalances or underlying issues that could lead to serious health challenges in the future.

These advanced assessments can help pinpoint:

- The presence of fatty liver or microbiome imbalances
- Arterial blockages that increase the risk of heart disease
- Neurological imbalances that may contribute to unhealthy behaviors
- Genetic factors influencing metabolism, detoxification, and nutrient absorption
- The presence of microplastics, environmental toxins, or Omega fatty acid imbalances

We thank you for your participation, and hope to educate, excite, and empower you to take control of your health, while changing the life and destiny of everyone we touch.

Sincerely,

*AL PIRNIA, Founder & CEO
Changing Life & Destiny Conference & Expos
424-379-6000*

Changing Life & Destiny (CLD) Executive Weekend Retreat (EWR) Advanced Testing Experience

Discover your body's data. Redefine your future.

The most advanced diagnostics — all in one place.
These assessments are designed to uncover hidden imbalances,
optimize performance, and create a personalized roadmap for longevity.

Brain Map (QEEG)

30 min

Pinpoint & correct neurological imbalances to succeed in life.

A non-invasive assessment that measures electrical activity of the brain cells to identify imbalances related to neurological and psychological problems.

Why it matters: Pinpoints overactive or underactive brain regions that affect focus, memory, stress, sleep and emotional balance.

Experience: Small electrodes with gel are applied to the scalp.

Results: Detailed report and follow-up consultation provided post-event

SNiP Nutrigenomics

Test 5 min

Your DNA holds the key to your nutrition and longevity.

A simple mouth-swab test reveals how your genes influence metabolism, detoxification, and nutrient absorption.

Why it matters: Identifies your body's unique nutritional needs and genetic predispositions.

Experience: Quick mouth swab (no food or drink 30 minutes prior).

Results: Comprehensive genetic report with actionable recommendations.

OmegaQuant

Omega-3 Index 5 min

Measure the most critical nutrient for inflammation and brain health.

This dried blood-spot test provides your personal omega-3 index, helping you understand if you're truly protected against inflammation and disease.

Why it matters: Low omega-3 levels are linked to heart disease, fatigue, and cognitive decline.

Experience: Take-home test kit; finger prick on a collection card.

Results: Digital report with personalized interpretation from OmegaQuant's clinical team.

PlasticTox Microplastic & Exposure 2-5 min

What's hiding in your system?

A saliva-based test that screens for microplastics and environmental toxins that accumulate in your body.

Why it matters: Detects hidden toxicity that can impact cardiovascular health, hormones, fertility, metabolism, and immune function.

Experience: Take-home test kit; simple saliva collection (no fasting required).

Results: Lab report within two weeks, including detox and recovery recommendations.

Cardiovascular Scan (CardioVision) 20 min

See the unseen — assess your vascular health in minutes.

A non-invasive scan evaluating arterial stiffness, circulation, and heart function — key markers of cardiovascular disease.

Why it matters: Early detection allows for personalized prevention protocols before major health events occur.

Experience: Sensors placed on wrists, ankles, and chest.

Results: Instant report reviewed on-site by one of our attending physicians.

Liver Health Scan (The Liver Clinic) 20 min

The organ that runs your metabolism deserves attention.

A non-invasive FibroScan® measures liver fat and fibrosis (scarring) to assess your detox capacity and metabolic health.

Why it matters: Over 40% of adults have some level of fatty liver — often symptom-free until it's too late.

Experience: Quick ultrasound-style scan on-site (3-hour fasting required).

Results: Discussed immediately with Dr. Gareth Morris-Stiff, Global Chief Medical Officer, with personalized recommendations.

Why This Package Matters

Immediate insights from the most advanced diagnostics in preventive and longevity medicine

Personalized data and a recommended action plan to guide your long-term health strategy

Exclusive to attendees — only available at the Executive Wellness & Longevity Retreat